



RHYTHMS AND RECALL

*JOIN US FOR RHYTHMS AND RECALL!
THIS INTERACTIVE GROUP EXPERIENCE IS BURSTING
WITH FUN AS WE SING, SOCIALIZE, AND SHARE
MEMORIES TOGETHER.
DISCOVER THE AMAZING HEALING POWER OF MUSIC.
IT'S ALL ABOUT CONNECTION AND JOY!*

THE PURPOSE OF THE RHYTHMS AND RECALL PROGRAM IS

WHAT TO EXPECT

*EACH 1 HOUR SESSION,
FACILITATORS WILL GUIDE
PARTICIPANTS THROUGH AN
ENGAGING MUSIC AND
REMINISCING PROGRAM.
PARTICIPANTS WILL RECEIVE
INSTRUMENTS TO PLAY ALONG
CREATING RHYTHMS AND
RECALLING FUN MEMORIES!*

*TO CREATE A SPACE WHERE PARTICIPANTS CAN
GATHER TO PLAY INSTRUMENTS, SINGALONG TO
FAMILIAR MUSIC AND ENGAGE IN FUN
CONVERSATION AND REMINISCING USING GUIDED
QUESTIONS.*

*EACH RHYTHMS AND RECALL PROGRAM, FACILITATORS
WILL HAND OUT MUSICAL SUPPLIES INCLUDING FINGER
BELLS, WOOD BLOCKS AND MARACAS SO THAT
PARTICIPANTS CAN JOIN IN WITH THE BAND! BETWEEN
EACH SONG, FACILITATORS WILL ENGAGE WITH
RESIDENTS ASKING QUESTIONS TO ENGAGE THE
MEMORY AND PROMOTE POSITIVE FEELINGS.*

